



FINA WORLD MASTERS RECORDS - LONG COURSE METERS as of NOV 2006

WOMEN		25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100-104
50	FREE	25.42	25.99	25.98	26.88	27.76	28.22	29.39	31.40	32.52	34.64	34.85	40.45	44.70	55.76	1:14.38	5:10.84
100	FREE	58.22	57.09	58.38	58.43	1:00.95	1:01.13	1:02.63	1:10.29	1:12.00	1:17.94	1:20.15	1:37.78	1:47.59	2:19.14	3:08.43	
200	FREE	2:06.81	2:07.84	2:06.94	2:09.28	2:12.76	2:15.37	2:18.04	2:31.98	2:42.91	2:50.27	2:57.61	3:37.14	3:59.68	5:06.38	7:34.27	
400	FREE	4:27.53	4:28.76	4:26.17	4:28.24	4:39.20	4:47.93	4:50.72	5:21.79	5:46.27	6:05.25	6:13.20	7:30.36	8:29.83	10:58.64	18:32.26	
800	FREE	9:17.09	9:14.82	9:13.49	9:24.77	9:24.53	9:52.55	10:07.32	11:33.65	12:06.31	12:32.21	13:00.65	15:21.62	17:14.24	22:42.50		
1500	FREE	17:38.78	17:38.70	17:46.58	17:56.52	17:55.83	19:08.69	19:52.61	22:05.65	23:42.01	24:06.48	24:41.76	29:35.03	32:33.60	42:30.27		
50	BACK	30.52	30.94	30.40	31.99	32.65	32.87	34.12	35.79	38.84	41.90	44.43	46.39	53.44	1:03.49	1:42.07	
100	BACK	1:05.02	1:05.42	1:06.04	1:08.66	1:11.18	1:14.19	1:16.31	1:18.91	1:27.51	1:33.49	1:39.06	1:48.64	2:06.41	2:23.23	4:16.79	
200	BACK	2:17.56	2:18.98	2:18.20	2:25.91	2:36.03	2:43.14	2:51.07	2:50.16	3:13.06	3:22.49	3:34.35	3:59.73	4:29.16	5:17.36	9:34.13	
50	BRST	32.01	33.84	33.64	33.25	34.74	37.51	38.30	38.48	42.78	43.45	47.59	53.53	1:05.98	1:25.91	4:20.32	
100	BRST	1:12.65	1:14.52	1:13.81	1:13.82	1:18.19	1:23.47	1:27.40	1:27.64	1:36.41	1:38.08	1:48.65	2:01.21	2:29.10	3:12.88		
200	BRST	2:35.46	2:41.51	2:41.76	2:38.44	2:55.96	3:03.23	3:09.28	3:14.49	3:26.98	3:34.32	3:55.25	4:26.18	5:27.60	6:57.76		
50	FLY	28.09	27.59	28.32	28.62	30.30	30.24	32.10	33.47	35.77	39.77	41.99	57.43	1:11.58	4:57.25		
100	FLY	1:03.18	1:00.3	1:03.79	1:03.38	1:07.30	1:07.81	1:12.13	1:17.34	1:27.73	1:40.85	1:50.12	2:06.55	2:40.11			
200	FLY	2:18.69	2:13.60	2:20.21	2:24.78	2:31.37	2:31.55	2:53.74	3:12.48	3:31.05	3:39.91	4:03.55	4:34.86	5:49.75			
200	I.M.	2:20.71	2:24.12	2:25.31	2:26.83	2:32.46	2:41.31	2:53.15	2:58.08	3:08.85	3:26.41	3:38.46	4:25.05	5:16.68	6:35.70		
400	I.M.	5:03.13	5:05.05	5:07.21	5:09.83	5:27.67	5:42.80	6:07.72	6:22.61	6:46.46	7:25.26	7:39.96	9:43.23	11:10.37			
MEN		25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100-104
50	FREE	22.59	23.21	22.76	24.14	24.26	24.60	25.53	25.23	27.15	28.65	31.05	32.73	35.77	40.72	55.88	1:40.46
100	FREE	50.74	51.50	51.49	53.45	53.77	55.38	57.85	58.61	1:02.79	1:05.40	1:10.38	1:17.11	1:26.48	1:38.05	2:29.32	4:05.98
200	FREE	1:52.17	1:54.04	1:52.84	1:55.06	1:59.56	2:02.50	2:08.03	2:13.32	2:21.74	2:27.27	2:36.30	3:03.45	3:13.78	3:54.89	5:13.23	
400	FREE	4:00.98	4:05.61	4:07.64	4:12.26	4:14.81	4:19.47	4:25.34	4:51.23	5:01.81	5:12.05	5:32.06	6:39.26	7:05.53	8:13.45	11:30.53	
800	FREE	8:24.67	8:40.19	8:38.73	8:41.65	8:42.85	9:03.84	9:06.86	10:02.40	10:26.60	10:45.92	11:25.95	13:50.05	15:24.45	17:54.42	22:28.28	
1500	FREE	16:13.89	16:35.67	16:37.34	16:45.53	17:10.90	17:08.33	17:40.10	19:25.68	20:08.74	20:36.56	23:02.25	26:52.76	29:53.88	36:47.02	47:30.40	
50	BACK	26.68	26.64	27.50	27.88	28.74	29.81	30.37	32.11	33.54	35.31	37.51	38.41	42.17	46.82	1:10.06	1:50.73
100	BACK	57.45	57.24	59.18	1:00.64	1:01.73	1:04.83	1:06.16	1:11.89	1:15.69	1:19.12	1:26.00	1:26.97	1:36.34	1:45.46	2:54.90	4:13.84
200	BACK	2:05.86	2:02.75	2:09.26	2:13.37	2:18.61	2:20.51	2:25.89	2:39.01	2:44.20	2:55.19	3:10.25	3:16.82	3:41.06	4:34.60	8:19.55	9:04.31
50	BRST	28.68	29.01	29.09	30.48	30.41	31.97	33.03	34.20	35.56	37.93	40.38	41.68	46.23	57.20	1:26.61	
100	BRST	1:04.11	1:04.40	1:04.73	1:08.01	1:09.38	1:11.49	1:14.80	1:16.38	1:23.88	1:26.41	1:34.93	1:41.02	1:53.70	2:15.43	3:38.45	
200	BRST	2:20.25	2:20.43	2:20.29	2:28.54	2:31.42	2:35.08	2:46.31	2:51.93	3:02.13	3:12.12	3:32.60	3:47.98	4:22.99	5:17.47	7:37.17	
50	FLY	24.48	24.73	24.70	25.87	25.90	26.23	27.43	27.92	30.33	31.84	35.66	40.92	46.48	1:00.30		
100	FLY	55.35	56.25	56.07	57.57	56.85	59.49	1:01.05	1:03.03	1:12.78	1:19.44	1:35.81	1:45.50	2:02.53	2:31.03		
200	FLY	2:04.14	2:03.85	2:06.74	2:05.55	2:06.94	2:21.40	2:28.62	2:33.72	2:51.07	3:16.06	3:34.30	3:54.51	4:47.63	5:51.79		
200	I.M.	2:06.33	2:08.89	2:08.19	2:15.10	2:16.12	2:23.06	2:27.92	2:36.07	2:45.17	2:58.06	3:13.53	3:32.82	4:13.14	5:02.64		
400	I.M.	4:31.47	4:39.92	4:42.45	4:49.42	4:50.73	5:03.27	5:17.10	5:41.07	5:52.79	6:32.11	7:17.61	7:38.09	9:21.90	11:19.91		
RELAYS		WOMEN				MEN				MIXED							
		200	FREE	200	MEDLEY	200	FREE	200	MEDLEY	200	FREE	200	MEDLEY				
100-119		1:53.20		2:06.67		1:35.57		1:44.60		1:41.66		1:51.99					
120-159		1:50.94		2:04.02		1:36.34		1:47.09		1:42.44		1:55.43					
160-199		1:48.44		2:04.75		1:36.28		1:47.72		1:42.27		1:56.86					
200-239		1:57.21		2:15.21		1:38.24		1:50.83		1:44.96		2:02.32					
240-279		2:17.12		2:33.01		1:49.20		2:04.87		1:58.75		2:14.03					
280-319		2:33.19		2:59.84		2:04.50		2:21.46		2:15.88		2:38.67					
320-359		3:42.32		4:11.39		2:20.89		2:54.74		2:37.10		3:18.52					
360-399						3:46.35		4:13.67		4:18.13							